

## Bahrain Family Readiness Group Fact Sheet

- **Who We Are:** We are a group of spouses, family members, command members (military and civilian) of all NSA Bahrain tenant commands; other military, civilians, DoD employees, contractors, embassy personnel, and families who have access to NSA Bahrain. Basically... If you have base access, you may join us!!

The Bahrain FRG grew from of an informal group of spouses who voted to formalize the group into a structured, Command-recognized and supported Family Readiness Group functioning according to applicable Navy instructions. We are sponsored by USNAVCENT/5<sup>th</sup> Fleet and recognized by NSA Bahrain.

- **What We Do:** we come together for various social, support, family, and other events. We support, inform, and help each other prepare for and thrive in Bahrain.
- **When We Meet:** The Bahrain FRG meets and/or gathers at least monthly. Times, dates, and places vary according to what we're doing.
- **Where We Meet:** For the most part, the Bahrain FRG meets on NSA Bahrain, utilizing the many base amenities and services available to family members here. Other social events may be planned for various locations around the island to get members involved in what the local culture has to offer.
- **Why Connect With the Bahrain FRG:** Why not! The FRG is the place to connect with fellow spouses, active-duty, and family members to find and offer support, network, get good information, and have fun!
- **How to Join the FRG:** Send us an email request, and we'll send you a membership form to download, fill out, and email back! If you have questions or need more info, email us at [BahrainFRG@gmail.com](mailto:BahrainFRG@gmail.com). Membership is free!

THE BAHRAIN FRG IS A NON-FEDERAL ENTITY. IT IS NOT A PART OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS COMPONENTS AND HAS NO GOVERNMENTAL STATUS.

BAHRAIN FRG



THE BAHRAIN FRG IS A NON-FEDERAL ENTITY. IT IS NOT A PART OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS COMPONENTS AND HAS NO GOVERNMENTAL STATUS.